

## Frequently Asked Questions

### Frequently asked questions

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### Answers

Why Should I have a Health Screening?

Symptoms are not always in evidence until it is too late. A Health Screening can identify any problems before the symptoms show. Early detection of any abnormality can save lives.

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What is the benefit as an employer to give my employees a Health Screening?

A healthy work force has been proven to be more productive. In most cases the cost of a health screening is less than one week's wage. Early diagnosis of a problem could save your company a substantial amount of time and money. It could save an employee being absent from work weeks and even months at a time.

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How long does the whole process take?  
Approximately one hour (without optional extras).

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Do you take a blood sample?

Yes one blood sample is taken.

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What am I tested for without the optional extras. and how much does it cost?

The tests are: Height, weight, body fat percentage, body mass index (BMI) and resting blood pressure. Also included are tests on the kidneys, liver, glucose and haemoglobin. In addition we test Total cholesterol, LDL Cholesterol, HDL Cholesterol, Tryglycerides, PSA / Thyroid, Cardio vascular risk assessment and lung function (spirometry). [Click here](#) for more detail about our health screening packages.

For a free no obligation custom tailored quotation please contact us.

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What are the optional extras?

Vision, Hearing, Carbon Monoxide, Oral Drug and Alcohol test.

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If as a company I wished to test my employees for other blood tests or only certain tests included in the health screen would this be possible?

Yes. At Physical Health Screens we pride ourselves on being able to meet the individual needs of your business. We appreciate that companies have disperate requirements which can be unique. As such you'll desire a service that is as individual as you are.

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When do I receive the results?

You receive a fifty page document at the time of screening with all the results except for the Thyroid and PSA .These two results are given to you 48 hours later by telephone followed by a hard copy.

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Who do you offer this service to?

Companies and Individuals.

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Where is the Screening carried out?

In your home or In the workplace or in our consulting room.

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What geographical area do you cover?

We are based in the north east of England but will travel anywhere in the UK. Please contact us to discuss your requirements further.

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Why should I choose Physical Health Screens?

Total confidentiality. We do not give your results to anyone (not even your GP) without your consent or your request. Cost and time effective. Your valuable time is not wasted travelling. If you are a cooperate client you may go back to work after 20 minutes if you wish. When all the blood tests have been analysed and the screening report prepared, you may return and discuss your results.

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